

**Globe Life****Earnings Release**

GLOBE LIFE INC. REPORTS Second Quarter 2026 Results

McKinney, TX, July 22, 2026—Globe Life Inc. (NYSE: GL) reported today that for the quarter ended June 30, 2026, net income was \$3.65 per diluted common share, compared with \$3.05 per diluted common share for the year-ago quarter. Net operating income was \$3.61 per diluted common share, compared with \$3.27 per diluted common share for the year-ago quarter. The Company also increased full-year 2026 earnings guidance to a range of \$15.55 to \$15.95, an increase of \$0.10 at the midpoint.

HIGHLIGHTS:

- Net income per share increased 20% and net operating income per share increased 10% over the year-ago quarter. Globe Life has produced double-digit growth in net operating income per share in eight of the last nine quarters.
- Net income as an ROE was 18.4% for the six months ended June 30, 2026. Book value per share was \$78.18, an increase of 18% over the year-ago quarter.
- Net operating income as an ROE excluding accumulated other comprehensive income (AOCI) was 14.3% for the six months ended June 30, 2026. Book value per share excluding AOCI was \$100.04, an increase of 11% over the year-ago quarter.
- Total premium revenue grew 7% over the year-ago quarter.
- At the American Income Life Division, life premium increased 5% and life underwriting margin increased 4% over the year-ago quarter.
- At the Liberty National Division, life underwriting margin increased 10% and life net sales increased 6% over the year-ago quarter. Additionally, the average producing agent count increased 8% over the year-ago quarter.
- At the Family Heritage Division, health underwriting margin increased 10%, health premium increased 9%, and health net sales increased 4% over the year-ago quarter. Additionally, the average producing agent count increased 7% over the year-ago quarter.
- At the Direct to Consumer Division, life underwriting margin increased 10% over the year-ago quarter.
- At the United American Division, health premium increased 29% and health net sales increased 10% over the year-ago quarter.
- 1.1 million shares of Globe Life Inc. common stock were repurchased during the quarter at a total cost of \$175 million.

Note: As used in the earnings release, "Globe Life," the "Company," "we," "our," and "us" refer to Globe Life Inc., a Delaware corporation incorporated in 1979, its subsidiaries and affiliates.

GLOBE LIFE INC.
Earnings Release—Q2 2026

(Dollar amounts in thousands, except share and per share data)
(Unaudited)

RESULTS OF OPERATIONS

Net operating income, a non-GAAP⁽¹⁾ financial measure, has been used consistently by Globe Life's management for many years to evaluate the operating performance of the Company, and is a measure commonly used in the life insurance industry. It differs from net income primarily because it excludes certain non-operating items such as realized investment gains and losses and certain significant and unusual items included in net income. Management believes an analysis of net operating income is important in understanding the profitability and operating trends of the Company's business. Net income is the most directly comparable GAAP measure.

The following table represents Globe Life's operating summary for the three months ended June 30, 2026 and 2025:

Operating Summary						
	Per Share					
	Three Months Ended June 30,		% Chg.	Three Months Ended June 30,		% Chg.
	2026	2025		2026	2025	
Insurance underwriting income ⁽²⁾	\$ 4.69	\$ 4.28	10	\$ 370,289	\$ 354,176	5
Excess investment income ⁽²⁾	0.49	0.42	17	38,315	34,828	10
Interest on debt	(0.46)	(0.42)	10	(36,050)	(34,885)	3
Parent company expense	(0.06)	(0.04)		(4,569)	(3,555)	
Income tax expense	(0.89)	(0.82)	9	(70,202)	(68,062)	3
Stock compensation benefit (expense), net of tax	(0.17)	(0.14)		(13,098)	(11,407)	
Net operating income	3.61	3.27	10	284,685	271,095	5
Reconciling items, net of tax:						
Realized gain (loss)	0.07	(0.18)		5,639	(14,674)	
Legal proceedings	(0.03)	(0.04)		(2,577)	(3,672)	
Net income⁽³⁾	\$ 3.65	\$ 3.05		\$ 287,747	\$ 252,749	
Weighted average diluted shares outstanding	78,909	82,793				

(1) GAAP is defined as accounting principles generally accepted in the United States of America.

(2) Definitions included within this document.

(3) A GAAP-basis condensed consolidated statement of operations is included in the appendix of this report.

Note: Tables in this earnings release may not sum due to rounding.

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MANAGEMENT VS. GAAP MEASURES

Shareholders' equity, excluding AOCI, and book value per share, excluding AOCI, are non-GAAP measures that are utilized by management to view the business without the effect of changes in AOCI, which are primarily attributable to fluctuation in interest rates. Management views the business in this manner because it creates more meaningful and easily identifiable trends, as we exclude fluctuations resulting from changes in interest rates. Shareholders' equity and book value per share are the most directly comparable GAAP measures.

	Six Months Ended June 30,	
	2026	2025
Net income	\$ 558,273	\$ 507,312
Net operating income	558,205	530,432
Net income as an ROE ⁽¹⁾	18.4%	18.8%
Net operating income as an ROE (excluding AOCI) ⁽¹⁾	14.3%	14.4%

	June 30,	
	2026	2025
Shareholders' equity	\$ 6,155,815	\$ 5,419,030
Impact of adjustment to exclude AOCI	1,721,729	1,983,868
Shareholders' equity, excluding AOCI	<u>\$ 7,877,544</u>	<u>\$ 7,402,898</u>

Book value per share	\$ 78.18	\$ 66.07
Impact of adjustment to exclude AOCI	21.86	24.19
Book value per share, excluding AOCI	<u>\$ 100.04</u>	<u>\$ 90.26</u>

(1) Calculated using average shareholders' equity for the measurement period.

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INSURANCE OPERATIONS:

Life insurance accounted for 78% of the Company's insurance underwriting margin for the quarter and 66% of total premium revenue.

Health insurance accounted for 22% of the Company's insurance underwriting margin for the quarter and 34% of total premium revenue.

The following table summarizes Globe Life's premium revenue by product type for the three months ended June 30, 2026 and 2025:

Insurance Premium Revenue				
	Quarter Ended			% Chg.
	June 30, 2026	June 30, 2025		
Life insurance	\$ 860,767	\$ 839,544		3
Health insurance	436,855	378,099		16
Total	\$ 1,297,622	\$ 1,217,643		7

INSURANCE UNDERWRITING INCOME

Insurance underwriting margin is management's measure of profitability of the Company's life and health segments' underwriting performance, and consists of premiums less policy obligations (excluding interest on policy liabilities), commissions and other acquisition expenses. Insurance underwriting income is the sum of the insurance underwriting margins of the life and health segments, plus annuity and other income, less administrative expenses. It excludes the investment segment, interest on debt, Parent Company expense, stock compensation expense and income taxes. Management believes this information helps provide a better understanding of the business and a more meaningful analysis of underwriting results by distribution channel. Insurance underwriting income, a non-GAAP measure, is a component of net operating income, which is reconciled to net income in the Results of Operations section above.

The following table summarizes Globe Life's insurance underwriting income by segment for the three months ended June 30, 2026 and 2025:

Insurance Underwriting Income						
	Quarter Ended					% Chg.
	June 30, 2026	% of Premium	June 30, 2025	% of Premium		
Insurance underwriting margins:						
Life	\$ 359,350	42	\$ 340,074	41		6
Health	99,285	23	98,057	26		1
	458,635		438,131			5
Annuity and other income	3,100		2,092			
Administrative expenses	(91,446)		(86,047)			
Insurance underwriting income	\$ 370,289		\$ 354,176			5
Per share	\$ 4.69		\$ 4.28			10

The ratio of administrative expenses to premium was 7.0%, compared with 7.1% for the year-ago quarter.

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LIFE INSURANCE RESULTS BY DISTRIBUTION CHANNEL

Our distribution channels consist of the following exclusive divisions: American Income Life Division (American Income), Liberty National Division (Liberty National), Family Heritage Division (Family Heritage), Direct to Consumer Division (Direct to Consumer); and an independent agency, United American Division (United American).

Total premium, underwriting margins, first-year collected premium and net sales by all distribution channels are shown at <https://investors.globelifeinsurance.com> at "Financial Reports and Other Financial Information."

Life Underwriting Margin

	Quarter Ended				
	June 30,				
	2026		2025		% Chg.
	Amount	% of Premium	Amount	% of Premium	
American Income	\$ 213,604	46	\$ 204,533	46	4
Direct to Consumer	75,876	31	68,959	28	10
Liberty National	36,652	36	33,446	34	10
Other	33,218	67	33,136	66	—
Total	\$ 359,350	42	\$ 340,074	41	6

Life Premium

	Quarter Ended		
	June 30,		
	2026	2025	% Chg.
American Income	\$ 466,334	\$ 445,511	5
Direct to Consumer	244,220	246,223	(1)
Liberty National	100,516	97,263	3
Other	49,697	50,547	(2)
Total	\$ 860,767	\$ 839,544	3

Life Net Sales⁽¹⁾

	Quarter Ended		
	June 30,		
	2026	2025	% Chg.
American Income	\$ 94,733	\$ 96,227	(2)
Direct to Consumer	26,578	31,096	(15)
Liberty National	26,131	24,615	6
Other	2,165	2,947	
Total	\$ 149,607	\$ 154,885	(3)

(1) Net sales is calculated as annualized premium issued, net of cancellations in the first thirty days after issue, except in the case of Direct to Consumer, where net sales is annualized premium issued at the time the first full premium is paid after any introductory offer period (typically 1 month) has expired. Management considers net sales to be a better indicator of premium growth than annualized premium issued since annualized premium issued is before cancellations, as cancellations do not contribute to premium income.

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HEALTH INSURANCE RESULTS BY DISTRIBUTION CHANNEL

Health Underwriting Margin

	Quarter Ended				
	June 30,				
	2026		2025		% Chg.
	Amount	% of Premium	Amount	% of Premium	
United American	\$ 10,914	5	\$ 12,402	8	(12)
Family Heritage	45,087	36	40,927	35	10
Liberty National	23,145	49	24,372	51	(5)
American Income	18,221	59	19,325	62	(6)
Direct to Consumer	1,918	9	1,031	5	
Total	<u>\$ 99,285</u>	<u>23</u>	<u>\$ 98,057</u>	<u>26</u>	<u>1</u>

Health Premium

	Quarter Ended		
	June 30,		
	2026	2025	% Chg.
United American	\$ 211,416	\$ 163,978	29
Family Heritage	126,273	115,856	9
Liberty National	47,403	47,631	—
American Income	30,805	31,422	(2)
Direct to Consumer	20,958	19,212	9
Total	<u>\$ 436,855</u>	<u>\$ 378,099</u>	<u>16</u>

Health Net Sales⁽¹⁾

	Quarter Ended		
	June 30,		
	2026	2025	% Chg.
United American	\$ 27,894	\$ 25,454	10
Family Heritage	30,725	29,561	4
Liberty National	6,991	8,182	(15)
American Income	4,093	4,749	(14)
Direct to Consumer	696	786	(11)
Total	<u>\$ 70,399</u>	<u>\$ 68,732</u>	<u>2</u>

(1) Net sales is calculated as annualized premium issued, net of cancellations in the first thirty days after issue, except in the case of Direct to Consumer, where net sales is annualized premium issued at the time the first full premium is paid after any introductory offer period (typically 1 month) has expired. Management considers net sales to be a better indicator of premium growth than annualized premium issued since annualized premium issued is before cancellations, as cancellations do not contribute to premium income.

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PRODUCING EXCLUSIVE AGENT COUNT RESULTS BY DISTRIBUTION CHANNEL

	Quarterly Average Producing Agent Count ⁽¹⁾			
	Quarter Ended June 30,		Quarter Ended March 31,	
	2026	2025	% Chg.	2026
American Income	11,391	12,241	(7)	11,064
Liberty National	4,194	3,882	8	4,031
Family Heritage	1,608	1,498	7	1,561

(1) The quarterly average producing agent count is based on the actual count at the beginning and end of each week during the period.

INVESTMENTS

Management uses excess investment income as the measure to evaluate the performance of the investment segment. It is defined as net investment income less the required interest attributable to policy liabilities. We also view excess investment income per diluted common share as an important and useful measure to evaluate performance of the investment segment, since it takes into consideration our stock repurchase program.

The following table summarizes Globe Life's investment income, excess investment income, and excess investment income per diluted common share.

	Excess Investment Income		
	Quarter Ended June 30,		
	2026	2025	% Chg.
Net investment income	\$ 293,820	\$ 282,169	4
Required interest on policy liabilities ⁽¹⁾	(255,505)	(247,341)	3
Excess investment income	\$ 38,315	\$ 34,828	10
Per share	\$ 0.49	\$ 0.42	17

(1) Interest on policy liabilities, at original discount rates, is a component of total policyholder benefits, a GAAP measure.

Net investment income increased 4% and average invested assets increased 2%. Required interest on policy liabilities increased 3% and average policy liabilities increased 4%.

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The composition of the investment portfolio at book value at June 30, 2026 is as follows:

Investment Portfolio		
	As of	
	June 30, 2026	
	Amount	% of Total
Fixed maturities at fair value ⁽¹⁾	\$ 17,940,189	86
Mortgage loans	425,513	2
Policy loans	758,676	4
Other long-term investments ⁽²⁾	1,466,858	7
Short-term investments	198,327	1
Total	\$ 20,789,563	

(1) As of June 30, 2026, fixed maturities at amortized cost were \$19.3 billion, net of \$3.3 million of allowance for credit losses.

(2) Includes \$1.10 billion of investments accounted for under the fair value option which have a cost of \$1.08 billion as of June 30, 2026.

Fixed maturities at amortized cost, net of allowance for credit losses, by asset class as of June 30, 2026 are as follows:

Fixed Maturity Portfolio by Sector			
	As of		
	June 30, 2026		
	Investment Grade	Below Investment Grade	Total Amortized Cost, net
Corporate bonds	\$ 14,797,965	\$ 470,927	\$ 15,268,892
Municipals	3,423,079	1,959	3,425,038
Government, agencies, and GSEs ⁽¹⁾	464,427	—	464,427
Other asset-backed securities	102,711	42,930	145,641
Total	\$ 18,788,182	\$ 515,816	\$ 19,303,998

(1) Government-Sponsored Enterprises

Below are fixed maturities available for sale by amortized cost, allowance for credit losses, and fair value at June 30, 2026 and the corresponding amounts of net unrealized gains and losses recognized in accumulated other comprehensive income (loss).

As of	Amortized Cost	Allowance for Credit Losses	Net Unrealized Gains (Losses)	Fair Value
June 30, 2026	\$ 19,307,295	\$ (3,297)	\$ (1,363,809)	\$ 17,940,189

At amortized cost, net of allowance for credit losses, and at fair value, 97% of fixed maturities were rated “investment grade.” The fixed maturity portfolio earned an annual taxable equivalent effective yield of 5.30% during the second quarter of 2026, compared with 5.29% in the year-ago quarter.

Globe Life is not a party to any credit default swaps and does not participate in securities lending.

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Comparable information for acquisitions of fixed maturity and other investments is as follows:

Fixed Maturity Acquisitions			
		Quarter Ended	
		June 30,	
		2026	2025
Amount		\$ 399,143	\$ 263,252
Average annual effective yield		6.3%	6.4%
Average rating		A	A
Average life (in years) to:			
Next call		32.0	31.2
Maturity		36.1	33.8
Other Investment Acquisitions			
		Quarter Ended	
		June 30,	
		2026	2025
Limited partnerships		\$ 63,728	\$ 36,985
Mortgage loans		25,179	31,215
Common stock		2,340	1,342
Company owned life insurance		—	—
Total		\$ 91,247	\$ 69,542

SHARE REPURCHASES:

During the quarter, the Company repurchased 1.1 million shares of Globe Life Inc. common stock at a total cost of \$175 million and an average share price of \$154.28.

LIQUIDITY/CAPITAL:

Globe Life's operations consist primarily of writing basic protection life and supplemental health insurance policies which generate strong and stable cash flows. These cash flows are not impacted by volatile equity markets. Liquidity at the Parent Company is sufficient to meet additional capital needs of the insurance companies.

NON-GAAP MEASURES:

In this news release, Globe Life includes non-GAAP measures to enhance investors' understanding of management's view of the business. The non-GAAP measures are not a substitute for GAAP, but rather a supplement to increase transparency by providing broader perspective. Globe Life's definitions of non-GAAP measures may differ from other companies' definitions. More detailed financial information, including various GAAP and non-GAAP measurements, is located at <https://investors.globelifeinsurance.com> on the Investors page under "Financial Reports and Other Financial Information."

CAUTION REGARDING FORWARD-LOOKING STATEMENTS:

This press release may contain forward-looking statements within the meaning of the federal securities laws. These prospective statements reflect management's current expectations, but are not guarantees of future performance. Whether or not actual results differ materially from forward-looking statements may depend on numerous foreseeable and unforeseeable events or developments, which may be national in scope, related to the insurance industry generally, or applicable to the Company specifically. Such events or developments could include, but are not necessarily limited to:

- 1) Economic and other conditions, including the impact of inflation, immigration, geopolitical events, escalating tariff and non-tariff trade measures imposed by the U.S. and other countries, and other governmental actions on the U.S. economy and/or U.S. consumer confidence, leading to unexpected changes in lapse rates and/or sales of our policies, as well as levels of mortality, morbidity, and utilization of health care services that differ from Globe Life's assumptions;
- 2) Regulatory developments, including changes in accounting standards or governmental regulations (particularly those impacting taxes and changes to the Federal Medicare program that would affect Medicare Supplement);
- 3) Market trends in the senior-aged health care industry that provide alternatives to traditional Medicare (such as Health Maintenance Organizations and other managed care or private plans) and that could affect the sales of traditional Medicare Supplement insurance;
- 4) Ratings changes with respect to our financial strength and credit ratings and potential adverse impacts to liquidity;
- 5) Interest rate changes that affect product sales, financing costs, and/or investment yields;
- 6) General economic, industry sector or individual debt issuers' financial conditions (including developments and volatility arising from geopolitical events, particularly in certain industries that may compromise part of our investment portfolio) that may affect the current market value of securities we own, or that may impair an issuer's ability to make principal and/or interest payments due on those securities;
- 7) Changes in the competitiveness of the Company's products and pricing;
- 8) Litigation results and regulatory actions;
- 9) Levels of administrative and operational efficiencies that differ from our assumptions (including any reduction in efficiencies resulting from increased costs arising from the impact of higher than anticipated inflation);
- 10) The ability to obtain timely and appropriate premium rate increases for health insurance policies from our regulators;
- 11) The ability of our subsidiaries to pay dividends to the Parent Company and to receive required regulatory approvals on such amounts;
- 12) The customer response to new products and marketing initiatives;
- 13) Reported amounts in the consolidated financial statements which are based on management estimates and judgments which may differ from the actual amounts ultimately realized;
- 14) Compromise by a malicious actor or other event that causes a loss of secure data from, or inaccessibility to, our computer and other information technology systems;
- 15) The Company's ability to attract and retain agents;
- 16) The severity, magnitude, and impact of natural or man-made catastrophic events, including but not limited to pandemics, tornadoes, hurricanes, earthquakes, war and terrorism, on our operations and personnel, commercial activity and demand for our products; and
- 17) Globe Life's ability to access the commercial paper and debt markets, particularly if such markets become unpredictable or unstable for a certain period.

Readers are also directed to consider other risks and uncertainties described in other documents on file with the Securities and Exchange Commission, including those described in the "Risk Factors" section of our most recent Annual Report on Form 10-K. Globe Life specifically disclaims any obligation to update or revise any forward-looking statement because of new information, future developments or otherwise.

EARNINGS RELEASE CONFERENCE CALL WEBCAST:

Globe Life will provide a live audio webcast of its second quarter 2026 earnings release conference call with financial analysts at 11:00 am (Eastern) tomorrow, July 23, 2026. Access to the live webcast and replay will be available at <https://investors.globelifeinsurance.com> on the Calls and Meetings page, at the Conference Calls on the Web icon. Immediately following this press release, supplemental financial reports will be available before the conference call on the Investors page menu of the Globe Life website at "Financial Reports."

**For additional information
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APPENDIX

GLOBE LIFE INC. GAAP CONDENSED CONSOLIDATED STATEMENTS OF OPERATIONS

	Three Months Ended June 30,		Six Months Ended June 30,	
	2026	2025	2026	2025
Revenue:				
Life premium	\$ 860,767	\$ 839,544	\$ 1,713,972	\$ 1,669,407
Health premium	436,855	378,099	853,763	747,890
Total premium	1,297,622	1,217,643	2,567,735	2,417,297
Net investment income	293,820	282,169	583,644	562,783
Realized gains (losses)	7,138	(18,574)	5,660	(18,489)
Other income	1,150	49	2,310	118
Total revenue	1,599,730	1,481,287	3,159,349	2,961,709
Benefits and expenses:				
Life policyholder benefits ⁽¹⁾	513,959	519,355	1,032,809	1,029,111
Health policyholder benefits ⁽²⁾	277,012	229,924	540,746	463,853
Other policyholder benefits	7,280	6,719	14,280	13,799
Total policyholder benefits	798,251	755,998	1,587,835	1,506,763
Amortization of deferred acquisition costs	120,537	111,401	238,819	216,916
Commissions, premium taxes, and non-deferred acquisition costs	173,754	157,411	343,640	321,734
Other operating expense	116,251	108,293	229,986	217,039
Interest expense	36,050	34,885	70,050	69,877
Total benefits and expenses	1,244,843	1,167,988	2,470,330	2,332,329
Income before income taxes	354,887	313,299	689,019	629,380
Income tax benefit (expense)	(67,140)	(60,550)	(130,746)	(122,068)
Net income	\$ 287,747	\$ 252,749	\$ 558,273	\$ 507,312
Basic net income per common share	\$ 3.71	\$ 3.09	\$ 7.16	\$ 6.13
Diluted net income per common share	\$ 3.65	\$ 3.05	\$ 7.04	\$ 6.07

- (1) Net of total remeasurement gain of \$23.5 million before tax for the three months ended June 30, 2026 and a total remeasurement gain of \$16.7 million before tax for the same period in 2025. Net of total remeasurement gain of \$42.4 million for the six months ended June 30, 2026, and a total remeasurement gain of \$25.3 million for the same period in 2025.
- (2) Net of total remeasurement gain of \$1.3 million before tax for the three months ended June 30, 2026 and a total remeasurement gain of \$3.9 million before tax for the same period in 2025. Net of a total remeasurement gain of \$7.3 million for the six months ended June 30, 2026, and a total remeasurement gain of \$4.3 million for the same period in 2025.