## TORCHMARK CORPORATION Debt September 30, 2010 (In thousands)

	Issue Date	Coupon Rate	Maturity	Par	Carrying Value
Short Term:					
Commercial Paper					188,865
Total Short Term Debt					188,865
Long Term:					
Notes	08/01/93	7 3/8 %	08/01/13	94,050	93,670
Senior Notes	06/20/06	6 3/8 %	06/15/16	250,000	247,384
Senior Notes	06/30/09	9 1/4 %	06/15/19	292,647	289,335
Notes	05/27/93	7 7/8 %	05/15/23	165,612	163,199
Trust Preferreds:					
Capital Trust III	06/08/06	7.10%	06/01/46 (A)	120,000	115,836
Adjustment (B)			. ,	,	3,711
Total Long Term Debt					913,135
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Total Debt					\$1,102,000

- (A) Callable June 2011
- (B) Adjustment to gross up debt and invested assets for Junior Subordinated Debentures issued to the trust in accordance with accounting rules.