TORCHMARK CORPORATION

Summary of Net Realized Investment Losses (In thousands)

		Qtr Ended 03/31/2010
Realized Gain (Loss), Before Tax Impairments, Before Tax Capital Gain (Loss), Before Tax	(A)	9,465 -1,712 \$7,753
Income taxes: Tax benefit @ 35%		-\$2,714
Valuation allowance on deferred tax assets Net income tax benefit	(B)	<u>0</u> -\$2,714
Capital Gain (Loss), Net of Tax	(A) + (B)	\$5,039
Effective tax rate	(B)/(A)	35.01%

Detail of Impairments:

	Book	Market Value	Pre Tax Realized Loss
Alesco XIV (CDO)	\$1,712	\$0	-\$1,712
Total Impairments	\$1,712	\$0	-\$1,712