TORCHMARK CORPORATION

Summary of Net Realized Investment Losses

(In thousands)

		Qtr Ended 03/31/2009	Qtr Ended 06/30/2009	Qtr Ended 09/30/2009	YTD 09/30/2009
Realized Gain (Loss), Before Tax Impairments, Before Tax Capital Gain (Loss), Before Tax	(A)	114 -46,409 -\$46,295	8,477 -38,106 -\$29,629	8,434 -51,409 -\$42,975	17,025 -135,924 -\$118,899
Income taxes: Tax benefit @ 35%		\$16,203	\$10,369	\$15,043	\$41,615
Valuation allowance on deferred tax assets Net income tax benefit	(B)	-10,953 \$5,250	7,503 \$17,872	2,450 \$17,493	-1,000 \$40,615
Capital Gain (Loss), Net of Tax	(A) + (B)	-\$41,045	-\$11,757	-\$25,482	-\$78,284
Effective tax rate	(B)/(A)	11.34%	60.32%	40.71%	34.16%

Detail of Impairments:

		Market	Pre Tax Realized
	Book	Value	Loss
US Capital Funding (CDO)	\$2,835	\$0	-\$2,835
Alesco Preferred Funding (CDO)	57,837	17,162	-17,407
Trapeza (CDO)	10,339	0	-10,339
RAM Holdings	10,739	3,937	-6,802
Triad Guaranty	16,782	2,755	-14,027
Total Impairments	\$98,532	\$23,854	-\$51,409