TORCHMARK CORPORATION

Summary of Net Realized Investment Losses

(In thousands)

		Qtr Ended 03/31/2009	Qtr Ended 06/30/2009	YTD 06/30/2009
Realized Gain (Loss), Before Tax Impairments, Before Tax Capital Gain (Loss), Before Tax	< (A)	114 -46,409 -\$46,295	8,477 -38,106 -\$29,629	8,591 -84,515 -\$75,924
Income taxes: Tax benefit @ 35%		\$16,203	\$10,369	\$26,572
Valuation allowance on deferred tax assets Net income tax benefit	(B)	-10,953 \$5,250	7,503 \$17,872	-3,450 \$23,122
Capital Gain (Loss), Net of Tax	(A) + (B)	-\$41,045	-\$11,757	-\$52,802
Effective tax rate	(B)/(A)	11.34%	60.32%	30.45%

Detail of Impairments:

	Book	Market Value	Pre Tax Realized Loss
US Capital Funding (CDO)	\$9,379	\$2,787	-\$6,592
Alesco Preferred Funding (CDO)	20,155	2,292	-15,301
Clear Channel Communications	12,077	2,482	-9,595
US Freightways Corp	10,518	3,900	-6,618
Total Impairments	\$52,129	\$11,461	-\$38,106