Torchmark Corporation

Interest Rate Swaps (\$ in Millions)

	Settlements								
	Swap Expiration Notional		_	Receive Fixed	Pay Floating	Floating Rate Paid		Net Cash Received	
Issue	Date	Amount	Frequency	Rate	Rate	4Q'05	4Q'04	4Q'05	4Q'04
Active at 12/31/05:									
7 3/4% Trust Preferred Stock	11/02/11	\$150	Quarterly (1)	7.75%	3 Mo. LIBOR+ 2.21%	6.77%	4.75%	\$0.3	\$1.1
6 1/4% Debt	12/01/06	180	Semi-Annual	6.25%	6 Mo. LIBOR+ 1.21%	5.01%	3.21%	0.5	1.3
		\$330						\$0.8	\$2.4
Sold on 9/2/05:									
8 1/4% Senior Debentures	8/15/09	99	Semi-Annual	8.25%	6 Mo. LIBOR+ 3.91%			0.0	0.6
7 3/8% Notes	8/01/09	100	Semi-Annual	7.38%	6 Mo. LIBOR+ 3.05%			0.0	0.5
								\$0.8	\$3.5

⁽¹⁾ Rate set in arrears.